



October Home Cleaning Checklist

Week 1: Floors, Windows, and Dusting

1. Deep Clean Carpets and Rugs

- Steam clean carpets and area rugs or hire a professional.
- Spot clean stains and move furniture to clean underneath.

2. Wipe Down Baseboards and Molding

- Dust and clean baseboards, door frames, and molding.
- Use a damp cloth to remove any grime or scuff marks.

3. Wash Windows (Inside & Outside)

- Clean windows thoroughly, inside and outside.
- Remove and clean window screens or store them for winter.

4. Dust Ceiling Fans and Light Fixtures

- Dust all ceiling fan blades and light fixtures.
 - Replace burnt-out bulbs, consider energy-efficient options.
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Week 2: Furniture and Fabrics

1. Vacuum Upholstered Furniture

- Vacuum sofas, chairs, and other upholstered items, including under cushions.
- Use an upholstery attachment to clean all crevices and seams. (check my favorite things shop for a link to the one that I have).

2. Clean Curtains, Blinds, and Shades

- Dust or vacuum curtains and drapes.
- Wipe down blinds or launder washable fabric shades and curtains.

3. Tidy Up the Garage

- Sweep out the garage, organizing tools and outdoor equipment.
 - Store any summer equipment and outdoor furniture in preparation for winter.
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Week 3: Kitchen, Pantry, and Bathrooms

1. Wipe Down Kitchen Appliances

- Clean the outside and inside of the refrigerator, oven, microwave, and dishwasher.
- Pull out large appliances (if possible) and clean underneath them.

2. Declutter Pantry and Cabinets

- Discard expired or stale items in the pantry and kitchen cabinets.
- Wipe down pantry and cabinet shelves, then reorganize food and cooking items.

3. Deep Clean Bathrooms

- Scrub the shower, bathtub, sink, and toilet.
- Wash or replace shower curtains and bath mats.
- Clean all surfaces, including mirrors and light fixtures.

Week 4: Final Touches and Organizing

1. Clean Out Closets

- Sort through clothes and shoes, putting summer items in storage.
- Wipe down closet shelves and vacuum the floor.
- Donate or discard any items you no longer wear.

2. Dust and Vacuum Vents and Registers

- Dust or vacuum air vents, registers, and return air grilles.
- Remove vent covers and clean thoroughly to improve air circulation.

3. Sanitize High-Touch Areas

- Wipe down door handles, light switches, remote controls, and other frequently touched surfaces with disinfectant.

4. Freshen Up Bedding

- Wash or dry clean duvets, blankets, and heavier bedding in preparation for cooler nights.
- Flip or rotate mattresses for even wear.

5. Organize the Entryway

- Sweep and mop the entryway floor.
- Organize shoes, coats, and other items to prepare for winter gear.



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